

U14 Male				
Date	Time	Event	Group	Location
Friday July 26	1:30-2:00 p.m.	Registration	All	Joy Kidd House
	2:00-2:30 p.m.	Orientation	All	Tilley Hall 102
	3:00-4:00 p.m.	Fitness Session	Yellow & Red	SPC
	4:00-5:10 p.m.	Practice	White	Aitken Center
	4:00-4:30 p.m.	Supper	Blue	McConnell Hall
	5:00-5:30 p.m.	Supper	Yellow & Red	McConnell Hall
	5:20-6:30 p.m.	Practice	Blue	Aitken Center
	5:45-6:15 p.m.	Supper	White	McConnell Hall
	6:40-7:50 p.m.	Practice	Yellow	Aitken Center
	8:00-9:10 p.m.	Practice	Red	Aitken Center
	8:00-9:00 p.m.	Fitness Session	Blue & White	SPC
	9:45 p.m.	Team Meeting	All	Residence
	10:30 p.m.	Lights Out	All	Residence
Saturday July 27	6:45-7:15 a.m.	Breakfast	White & Red	McConnell Hall
	8:00-8:30 a.m.	Breakfast	Yellow & Blue	McConnell Hall
	8:00-9:00 a.m.	Practice (checking clinic)	White & Red	Aitken Center
	9:10-10:10 a.m.	Practice (checking clinic)	Yellow & Blue	Aitken Center
	9:30-10:30 a.m.	Beep Test	White & Red	SPC
	10:20-11:20 a.m.	Goalie Session	all goalies	Aitken Center
	10:45-11:45 a.m.	Beep Test	Yellow & Blue	SPC
	11:00-11:30 a.m.	Lunch	White	McConnell Hall
	11:30-12:15 p.m.	Practice	Red	Aitken Center
	12:00-12:30 p.m.	Lunch	Yellow & Blue	McConnell Hall
	12:25-1:10 p.m.	Practice	White	Aitken Center
	12:45-1:15 p.m.	Lunch	Red	McConnell Hall
	1:20-2:05 p.m.	Practice	Yellow	Aitken Center
	2:15-3:00 p.m.	Practice	Blue	Aitken Center
	4:30-5:00 p.m.	Supper	White & Yellow	McConnell Hall
	5:00-5:30 p.m.	Supper	Blue	McConnell Hall
	6:00-6:30 p.m.	Supper	Red	McConnell Hall
	4:30-5:30 p.m.	Practice	Red	Aitken Center
5:40-6:40 p.m.	Practice	White	Aitken Center	
6:50-7:50 p.m.	Practice	Yellow	Aitken Center	
8:00-9:00 p.m.	Practice	Blue	Aitken Center	
9:45 p.m.	Team Meeting	All	Residence	
10:30 p.m.	Lights out	All	Residence	
Sunday July 28	8:00-8:30 a.m.	Breakfast	All	McConnell Hall
	9:00-10:00 a.m.	Practice	Yellow & White	Aitken Center
	8:45-9:45 a.m.	Yoga	Blue & Red	Currie Center
	10:15-11:15 a.m.	Practice	Red & Blue	Aitken Center
	11:30-1:00 p.m.	Practice - Hockey Canada Skills	Yellow & White	Aitken Center
	11:30-12:00 p.m.	Lunch	Red & Blue	McConnell Hall
	1:15-1:45 p.m.	Lunch	Yellow & White	McConnell Hall
	2:30-3:30 p.m.	Yoga	Yellow & White	Currie Center
	1:15-2:45 p.m.	Practice - Hockey Canada Skills	Red & Blue	Aitken Center
	3:00-4:00 p.m.	Presentation - Mental Prep	Blue & Red	Marshall D'Avary Hall 143
	4:00-5:00 p.m.	Presentation - Mental Prep	Yellow & White	Marshall D'Avary Hall 143
	4:00-4:30 p.m.	Supper	Blue & Red	McConnell Hall
	5:00-5:30 p.m.	Supper	Yellow & White	McConnell Hall
	6:00-7:30 p.m.	Game	Blue & Red	Aitken Center
	7:45-9:15 p.m.	Game	Yellow & White	Aitken Center
9:45 p.m.	Team Meeting	All	Residence	
10:30 p.m.	Lights out	All	Residence	
Monday July 29	7:45-8:15 a.m.	Breakfast	Blue	McConnell Hall
	8:30-9:00 a.m.	Breakfast	Yellow & Red	McConnell Hall
	8:45-9:15 a.m.	Breakfast	White	McConnell Hall
	9:00-10:00 a.m.	Practice	Blue	Aitken Center
	10:00-11:00 a.m.	Presentation - Next Level	Yellow & Red	Marshall D'Avary 143
	10:10-11:10 a.m.	Practice	White	Aitken Center
	11:00-11:30 a.m.	Lunch	Red	McConnell Hall
	11:20-12:20 p.m.	Goalie Session	all goalies	Aitken Center
	11:45-12:15 p.m.	Lunch	Blue & White	McConnell Hall
	12:30-1:30 p.m.	Practice	Red	Aitken Center
	12:30-1:30 p.m.	Presentation - Next Level	Blue & White	Marshall D'Avary 143
	12:30-1:00 p.m.	Lunch	Yellow	McConnell Hall
	1:40-2:40 p.m.	Practice	Yellow	Aitken Center
	4:00-4:30 p.m.	Supper	Blue & White	McConnell Hall
	5:00-5:30 p.m.	Supper	Yellow & Red	McConnell Hall
	6:45-8:15 p.m.	Game	Blue & White	Aitken Center
	8:30-10:00 p.m.	Game	Yellow & Red	Aitken Center
	9:45 p.m.	Team Meeting	All	Residence
10:30 p.m.	Lights out	All	Residence	
Tues July 30	8:00-8:30 a.m.	Breakfast	Blue & Yellow	McConnell Hall
	9:00-9:30 a.m.	Breakfast	Red & White	McConnell Hall
	9:30-11:00 a.m.	Game	Blue & Yellow	Aitken Center
	11:15-12:45 p.m.	Game	Red & White	Aitken Center
	11:30 a.m.	Post Game Meeting	Blue & Yellow	Aitken Center
	11:45 a.m.	Depart	Blue & Yellow	Aitken Center
	1:15 p.m.	Post Game Meeting	Red & White	Aitken Center
	1:30 p.m.	Depart	Red & White	Aitken Center