

Ice Schedule				
Date	Time	Event	Group	Location
17/Jul/23	3:30-4:50 p.m.	Skills Session - Hockey Canada	White / U16	
	5:00-6:20 p.m.	Skills Session - Hockey Canada	Red / U16	
	6:30-7:50 p.m.	Skills Session - Hockey Canada	Blue / U14	
	8:00-9:20 p.m.	Skills Session - Hockey Canada	Yellow / U14	
18/Jul/23	7:30-8:30 a.m.	Skills Session - Hockey Canada	Yellow / U14	
	8:40-9:40 a.m.	Skills Session - Hockey Canada	Blue / U14	
	9:50-10:50 a.m.	Skills Session - Hockey Canada	White / U16	
	11:00-12:00 p.m.	Skills Session - Hockey Canada	Red / U16	
	12:10-1:00 p.m.	Practice	Yellow / U14	
	1:10-2:00 p.m.	Practice	Blue / U14	
	2:10-3:00 p.m.	Practice	White / U16	
	3:10-4:00 p.m.	Practice	Red / U16	
	6:15-8:00 p.m.	Game U14	All	
	8:15-9:45 p.m.	Game U16	All	
19/Jul/23	8:00-9:00 a.m.	Goalie Session	Goalies (U14 & U16)	
	9:10-10:25 a.m.	Skills Session - Hockey Canada	Red / U16	
	10:35-11:50 a.m.	Skills Session - Hockey Canada	White / U16	
	12:00-1:15 p.m.	Skills Session - Hockey Canada	Blue / U14	
	1:25-2:40 p.m.	Skills Session - Hockey Canada	Yellow / U14	
	5:00-6:00 p.m.	Practice	Red / U16	
	6:10-7:10 p.m.	Practice	White / U16	
	7:20-8:20 p.m.	Practice	Blue / U14	
	8:30-9:30 p.m.	Practice	Yellow / U14	
20/Jul/23	9:00-10:00 a.m.	Practice	Red / U16	

	10:10-11:10 a.m.	Practice	White / U16	
	11:20-12:20 p.m.	Practice	Blue / U14	
	12:30-1:30 p.m.	Practice	Yellow / U14	
	2:00-3:00 p.m.	Goalie session	Goalies (U14 & U16)	
	6:00-7:45 p.m.	Game U16	All	
	8:00-9:30 p.m.	Game U14	All	
21/Jul/23	9:00-10:45 a.m.	Game U16	All	
	11:00-12:45 p.m.	Game U14	All	
22/Jul/23	2:30-3:30 p.m.	Practice (Checking/Angling)	Yellow & Red	
	3:40-4:40 p.m.	Practice (Checking/Angling)	White & Blue	
	5:00-6:00 p.m.	Skills Session - Hockey Canada	Yellow	
	6:10-7:10 p.m.	Skills Session - Hockey Canada	Red	
	7:20-8:20 p.m.	Skills Session - Hockey Canada	Blue	
	8:30-9:30 p.m.	Skills Session - Hockey Canada	White	
23/Jul/23	10:20-11:20 a.m.	Goalie Session	all goalies	
	11:30-12:20 p.m.	Practice	Red U14	
	12:30-1:20 p.m.	Practice	White U14	
	1:30-2:20 p.m.	Practice	Yellow U14	
	2:30-3:20 p.m.	Practice	Blue U14	
	4:00-5:10 p.m.	Skills Session - Hockey Canada	Red U14	
	5:20-6:30 p.m.	Skills Session - Hockey Canada	White U14	
	6:40-7:50 p.m.	Skills Session - Hockey Canada	Yellow U14	
	8:00-9:10 p.m.	Skills Session - Hockey Canada	Blue U14	
24/Jul/23	9:00-10:20 a.m.	Skills Session - Hockey Canada	Yellow & White	

	10:35-11:50 a.m.	Skills Session - Hockey Canada	Blue & Red	
	12:00-1:00 p.m.	Practice	Yellow & White	
	1:30-2:50 p.m.	Practice	Blue & Red	
	6:00-7:30 p.m.	Game	Blue & Red	
	7:45-9:15 p.m.	Game	Yellow & White	
25/Jul/22	9:00-10:00 a.m.	Practice	Blue U14	
	10:10-11:10 a.m.	Practice	White U14	
	11:20-12:20 p.m.	Goalie Session	Goalies U14	
	12:30-1:30 p.m.	Practice	Red U14	
	1:40-2:40 p.m.	Practice	Yellow U14	
	6:45-8:15 p.m.	Game U14	Blue & White	
	8:30-10:00 p.m.	Game U14	Yellow & Red	
26/Jul/22	9:30-11:00 a.m.	Game U14	Blue & Yellow	
	11:15-12:45 p.m.	Game U14	Red & White	
27/Jul/23	3:30-4:50 p.m.	Skills Session -Hockey Canada	Yellow	
	5:00-6:20 p.m.	Skills Session -Hockey Canada	Red	
	6:30-7:50 p.m.	Skills Session -Hockey Canada	White U16	
	8:00-9:20 p.m.	Skills Session -Hockey Canada	Blue	
28/Jul/23	8:00-9:00 a.m.	Goalie Session	Goalies	
	9:10-10:30 a.m.	Skills Session - Hockey Canada	Yellow	
	10:40-12:00 p.m.	Skills Session - Hockey Canada	Red	
	12:10-1:00 p.m.	Skills Session - Hockey Canada	White	
	1:10-2:10 p.m.	Skills Session - Hockey Canada	Blue	
	5:00-6:00 p.m.	Practice	Red	
	6:10-7:10 p.m.	Practice	Yellow	
	7:20-8:20 p.m.	Practice	White	
	8:30-9:30 p.m.	Practice	Blue	

29/Jul/23	7:30-8:30 a.m.	Skills Session - Hockey Canada	Yellow	
	8:40-9:40 a.m.	Skills Session - Hockey Canada	Red	
	9:50-10:50 a.m.	Skills Session - Hockey Canada	Blue	
	11:00-12:00 p.m.	Skills Session - Hockey Canada	White	
	12:10-1:00 p.m.	Practice	Yellow	
	1:10-2:00 p.m.	Practice	Red	
	2:10-3:00 p.m.	Practice	Blue	
	3:10-4:00 p.m.	Practice	White	
	6:15-8:00 p.m.	Game U15	All	
	8:15-9:45 p.m.	Game U16	All	
30/Jul/23	8:00 - 8:50 a.m.	Goalie Session	Goalies	
	9:00-10:00 a.m.	Practice	Red	
	10:10-11:10 a.m.	Practice	Yellow	
	11:20-12:20 p.m.	Practice	White	
	12:30-1:30 p.m.	Practice	Blue	
	6:00-7:45 p.m.	Game U15	All	
	8:00-9:30 p.m.	Game U16	All	
31/Jul/23	9:00-10:45 a.m.	Game U15	All	
	11:00-12:45 p.m.	Game U16	All	